

**Lessons and Training available at
Callegari Equestrian Center with
Meghan Robertson
Specialties**

Equestrian sport psychology

Teaching riders the skills needed to build confidence, focus, self-belief, and willpower while empowering them to believe that they have the mental skills necessary to overcome mental challenges such as fears, nerves, mistakes, pressure, show-jitters and performance anxiety.



- **10+ years coaching experience**
- **Coached USPC students from beginner to national level**
- **Three Day Eventing through Preliminary Levels**
- **Trained USEF Grand National Champion Morgan for 2015**
- **Currently working towards USDF Bronze medal**

To schedule an evaluation session,
riding lessons or horse training -
please contact:

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